

Resources:

Transportation and Home Support



***Association Polio Québec
Polio Quebec Association***

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Visit our web site : www.polioquebec.org

Call us : 514-489-1143 / 1-877-765-4672

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Program for Vehicle Modifications

La Société de l'assurance automobile du Québec (SAAQ) may reimburse certain expenses associated with the adaptation of a private motor vehicle so that a handicapped individual may drive or have reasonable access. The modifications approved must be related to compensations counteracting the limitations caused by an individual's disabilities.

For information about eligible individuals and on eligibility requirements, consult the SAAQ website or call: 418-528-3421 or 1-800-525-7719

When buying a new car, many companies offer individuals with handicaps a discount on the sticker price for adaptive modifications to the customer's new vehicle. Verify this with the car dealership when buying your new car.

Tax Refunds

The Quebec government allows for partial tax refunds on purchases of eligible vehicle. For details, see their website under the tab *Services for Québec Individuals - Persons with Disabilities*.

Blue Parking Stickers

It is the Société d'assurance automobile du Québec (SAAQ) who issues the blue handicap parking stickers. To learn about the requirements for obtaining a sticker and conditions imposed on the sticker consult their web site at: www.saaq.gouv.qc.ca/envrac/vign_station/index.php or call:

Québec : 418 643-7620

Montréal : 514 873-7620

Toll free : 1 800 361-7620

Even though it is the provincial government that issues the parking permits or blue stickers, it is important to note that the sticker holder's privileges fall under municipal jurisdiction and as such, privileges are not the same everywhere. For instance in Montreal, the blue parking permit limits parking in places reserved for residents to a maximum of 60 minutes (Article 33 of Regulation C4-1). It is essential to check with the municipalities to find out how they regulate the use the blue parking permit.

Adaptive Transport

Several cities in Quebec have developed and implemented unique transportation services for persons with handicaps. To find out more about the adaptive transport service options in your area of interest, consult the government's ministère des transports web site:

www.mtq.gouv.qc.ca/portal/page/portal/grand_public/transport_collectif/transport_adapte/ou_adresser

Vehicle adaptive modifications and mobility aids.

Of the course of the past few years, businesses have created services for mobility improvement and the modification of vehicles. Among the most important, we find:

Adaptel : sales and services for motorized wheelchairs, tricycles, scooters and other accessibility equipment. They offer an emergency repair service 24 hours a day.

www.adaptel.ca

514-328-1892 or 1-866-328-1892

(The emergency repair service is available 24 hours a day seven days a week.)

Savaria : vehicle modification and adaptation plus residential elevators suited to individual needs.

www.savaria.com 1-800-661-5112

Adapted Taxis

Across Quebec

Many municipalities in Quebec offer *adapted taxi* services for people with disabilities. To find contact information for a region that interest you, visit the webpage 'Transport adapté' on the Ministère du transport du Québec website:

www.mtq.gouv.qc.ca/portal/page/portal/grand_public/transport_collectif/transport_adapte/compagnies_offrant_service_taxi_adapte

Montreal's SOS Taxi

This service provides people dependent on mobility aids with a suitable taxi in less than an hour when urgency is required.

The main purpose of this new service is to respond quickly over the island of Montreal with a suitable vehicle when a person with a disability requests help. This service is a rapid response service capable of accommodating the individual, mobility aids, guide dogs, attendants and if need be dependants and transport them to health centre.

Examples of emergencies covered by SOS Taxi:

- An individual needs to be transported to a hospital quickly, but the medical emergency does not require ambulance services. Note that this service does not support trips to doctor appointments as this does not constitute an *emergency*.
- A person using a mobility aid must accompany a sick or injured dependent to the hospital. For instance a child gets hurt at home.
- A person becomes uncomfortable in a public place and needs to be escorted home.
- A fire, an abusive situation, an accident or any other emergency forces a disabled person to leave a place immediately.

To use this service, call 514 277-3344, then tell the dispatcher that you have an emergency and request an SOS TAXI. This is a reservation service, 24 hours a day, 7 days a week. The current rate is by the meter, payable in cash or by invoice. Always keep this number with you, you may find it useful!

Intercity Companion Card

This card is issued by the Association of Quebec Bus Owners (APAQ). The companion for a disabled person is eligible to travel for free when the disabled person books a long distance trip by bus across the Quebec network.

For information: 418-522-7131

www.apaq.qc.ca

At home Support

Program for Residential Adaptive Renovations

The Residential Adaptation Program aims to empower disabled individuals to perform routine activities in their homes. The program provides financial assistance to the home owner to carry out eligible adaptation renovations that meet the needs of the disabled person.

Housing Allowance

The Shelter Allowance Program provides financial assistance for low-income households spending a disproportionate amount of their income on lodging. **Financial assistance may reach \$80 per month.**

Société Logique

Société Logique's mission is to promote and participate in the development and creation of universally accessible environments. Their main activities involve promoting ideas of universal accessibility and to encourage consulting in the development processes.

514 522-8284

418 688-4305

www.societelogique.org

Assistance and Support

To get help in your home, you need to apply at your CLSC. The CLSC will assess your personal and family situation and determine which services best meet your needs. Assistance and support programs are offered by CSSS, home support (DSS), intensive

home support (SISAD), and support services for caregivers (SAPA) which are intended to enable individuals and families to maintain a good quality of life while remaining at home.

Financial Help

At home domestic services are also available through socio-economic enterprises focused on domestic help. There is a grant programme with RAMQ, and there are subsidies available for domestic support through PEFSAD which reduces the hourly rate charged depending on your income.

www.ramq.gouv.qc.ca/fr/citoyens/contributionetaidefinancieres/exonerationaidedomestique.shtml

Remember this

Concerning adaptive home renovations and modifications to your vehicle: you will need to contact your CLSC and have them evaluate your needs, then let the CLSC point you in the right direction for your project.