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## Resources:

### Culture, Tourism and Recreation



***Association Polio Québec  
Polio Quebec Association***

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Visit our internet site : [www.polioquebec.org](http://www.polioquebec.org)

Call us : 514-489-1143 / 1-877-765-4672

Write us : [association@polioquebec.org](mailto:association@polioquebec.org)

## Tourism, Recreation and leisure Sticker (VATL)

This sticker provides free access into participating venues for a companion supporting a person older than 12 years who has a physical or mental handicap that requires the help of an attendant in a tourism or recreational setting.

Web site: [www.vatl-tlcs.org/vignette/](http://www.vatl-tlcs.org/vignette/)

On the TLSC website you can fill out the registration form recognizing the need for an attendant. On the site, you will also find a list of participating businesses and organizations in Quebec. If you do not have internet access, then please contact Leisure Montérégie, the coordinators for the program, at (450) 771-0707 to help you with your application for a sticker.

## Access 2 Entertainment

Launched in December 2004, this programme provides people with disabilities who need an attendant with an **Access 2 Entertainment** card. The card allows the attendant free access -- or access at a significant discount -- into participating venues. The **Access 2 Entertainment** card carrying member pays the regular price.

To obtain a card, the person with the handicap needing an attendant is required to make the application. The application must be approved by an authorized healthcare provider (doctor, occupational therapist, physiotherapist, nurse).

This card is recognized by participating cinemas and cultural attractions. For more information and to obtain the participation form, visit the **Access 2 Entertainment** website at [www.access2.ca](http://www.access2.ca).

## Kéroul

Kéroul is the public contact provider for Quebec's Department Tourism and accessibility. Kéroul is a non-profit organization dedicated to informing, representing, developing, and promoting accessible tourism in Quebec. They accomplish their goals through the magazine [Le Baladeur](#) (*The Wanderer*), their tourism guide [Le Québec accessible](#) (Accessible Quebec) and their database with accessibility information for people with disabilities who like to travel.

514.252.3104

[infos@keroul.qc.ca](mailto:infos@keroul.qc.ca)

## Planat (All inclusive World)

A Rick Hansen Foundation initiative, **Planat** is an online tool that allows you to post and search reviews about accessibility in places where you eat, shop, work and play in Quebec Canada and around the world. Detailed reviews from participants help make a difference in the lives of others.

This interactive tool allows you to add new places and promote their accessibility features. This means that you can enjoy and improve Planat as a developing tool.

[www.rickhansen.com](http://www.rickhansen.com)

[www.planat.com](http://www.planat.com)

## IMAX Theatres

Most IMAX theatres accommodate people with handicaps by allowing them to remain seated in their wheelchairs or remain in other mobility devices that the patron may require to move about. Check with the particular theatre for details.

## Quebec Association for Leisure and People with Disabilities (AQLPH)

AQLPH defends and promotes the rights and interests of disabled people seeking access to recreation. The association provides a search engine to help you locate organizations in your area depending on the activity that interests you. You will find this new search engine at the following web address:

[www.aqlph.qc.ca/info\\_region.asp](http://www.aqlph.qc.ca/info_region.asp) or call:

Montréal : 514.252.3144

Salaberry-de-Valleyfield : 450.373.3339

### **Suitable Swimming Pools**

Polio Quebec has done a wonderful job identifying swimming pools with easy access -- from the front door, to the locker room, and into the water.

The swimming pool directory is available on the Polio Quebec web site. If you use or know of any facility that is not in the directory do not hesitate to contact us with the information and we will add the pool to the list.